



How has Indigenous beadwork evolved as a form of storytelling and cultural expression, and what does its ongoing importance reveal about the strength and resilience of Indigenous cultures in Canada?

"The beads we use are tiny but carry big meaning. Each bead is placed with care and intention, telling the story of our people and our survival."

Mary Okpik, Inuit artist



Introduction: A Living Art

Indigenous peoples have been using the intricate art of beading to depict their family histories, beliefs, and sense of self long before written language existed. Beading is more than just decorative; it is a sacred language, conveying knowledge, identity, and culture across generations. For Indigenous Peoples across Canada, each bead can hold meaning, memory, and message. Although colonizers tried to suppress the culture, beading has persisted through thick and thin. Today, artists make pieces that speak to identity, environmental concerns, social justice, etc., using traditional practices combined with contemporary themes.

Pre-Contact Beading (Before European Arrival):

Before European contact, Indigenous peoples made their beads from natural materials available to them, such as bones, shells, stone, seeds, and poroupine quills. Most of the time, these materials were hard to work with, but they were still used to create beads for ceremonial regalia, clothing, and storytelling. Different groups used materials found in their regions. For example, the Cree and Ojibwe used bones and shells, while the Navajo used turquoise and seeds. Porcupine quills were dyed and carefully woven for decoration before glass beads were introduced.







Beading After European Arrival:

The arrival of Europeans in the 17th century introduced new beading materials to Indigenous people that created a number of significant changes:

- Glass Beads: When Europeans arrived, they traded colorful glass beads. These beads were smaller and easier to work with compared to natural materials like bone or shell. Glass beads quickly became popular among the Indigenous groups.
 - 2. New Tools and Trade Goods: With the introduction of glass beads, Indigenous Peoples began trading them. not just with the Europeans, but also with other Indigenous groups. The Europeans exchanged the beads for furs, food, natural resources, and overall knowledge on how to survive in these new conditions, as the Europeans had never lived like the Indigenous peoples did. This created a bead trade network, which allowed the sharing of techniques, designs, and new materials across the continent.
 - Gultural Shifts: Beadwork, once a form of storytelling and cultural expression, eventually had become a trade item and symbol of status as goods and ideas exchanged between cultures.
 - 4. Loss of Traditions: As more and more beading artists started to rely on glass beads, the use of natural started to rely on glass beads, the use of natural materials (such as bones, porcupine quills etc.) and materials (such as bones, porcupine quills etc.) and traditional beading practices started to either be lost or altered.

Even with all these changes, beading still remained an important cultural practice for many Indigenous communities. There is not doubt that it was evolving but still was deeply connected to their identity and family history.

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The 19th Century: Beading in the Face of Colonization

"When I bead, I think of my kohkom (grandmother). She taught me with patience, and every stitch is a memory."

 Darlene M., Métis bead artist, as quoted in the Canadian Museum of History exhibit.

In the 19th century, beading became a form of resistance against the government's attempts to get rid of Indigenous cultures. As Indigenous languages and traditions were suppressed, beading helped maintain those practices as well as keeping history alive. Some families continued beading in as keeping history alive. Some families continued beading in secret, while elders passed down techniques to children. Beading became a way to share knowledge, tell stories, and express pride in Indigenous identity. Beading didn't die during colonization, it changed and became resilient, a remarkable symbol of strength.

20th Century to Present: Beadwork as Cultural Reclamation and Global Recognition

In the 20th century, Indigenous beading experienced a revival as both a tool for cultural reclamation and a global art form. As Indigenous peoples were able to reclaim cultural practices and identity as their own, beading became a marker of cultural expression and empowerment.

- Cultural Reclamation: Beadwork became a form of activism that challenged stereotypes, as well as promoting cultural pride, and setting Indigenous rights in stone. Artists have started to blend traditional materials with modern techniques, connecting to their heritage while creating new forms of expression.
- Indigenous Beadwork in Global Art Ciroles: In recent decades, Indigenous beadwork has gained recognition on the global stage. Beadwork has been featured in international art exhibits, fashion shows, and galleries, showcasing the artistry and cultural significance of the craft. Artists like Tanya Tagaq, (whose musical performances incorporate beading) and Emily Kame Kngwarreye (whose work includes beaded designs), have all deeply contributed to bringing Indigenous beadwork to a broader audience, showing all of its beauty, resilience, and cultural importance!
 - The Impact of Social Media and the Digital Age:
 The advent of social media has also increased the reach of Indigenous beadwork. Through apps like Instagram or TikTok, Indigenous beaders can share their creations and creativity with a global audience, connect with other people in the Indigenous art community, as well as sell

Storytelling Through Beadwork

What Do Beads Say?

Directions – Colors can represent the four sacred directions in the medicine wheel: North (white), East (yellow), South (red), and West (black). These directions are tied to teachings about life, balance, and spiritual growth.

Animals – A beaded eagle might stand for strength or guidance. A bear might symbolize protection, while a wolf represents loyalty and community.

Plants and Flowers – Flowers often represent family lineage or a connection to a particular place. In some communities, specific floral patterns are passed down through generations and become a kind of family signature.

Tears and Stars – Beaded teardrops might honor a lost loved one. Stars or celestial symbols can reflect origin stories, dreams, or connections to the spirit world.

The Meaning of Colours:

Red: represents life, love & bloodline

White: represents truth, spirit & purity

Yellow: represents the sun & growth

Black : represents strength or struggle

Green: represents Earth, nature, healing or growth

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"The language spoken through beadwork is the same to me as the language spoken by nature. I hear stories in both. Stories of pain, darkness, survival, resilience, hope, community and celebration. They are all part of our journey as Indigenous people and are woven together to create a rich tapestry."

- Raechel Wastesicoot

Different Beading Style:

1. Métis (Prairie Provinces):

The Métis are known as "The Flower Beadwork People" because they are known for their detailed and intricate floral designs that include both First Nations and European embroidery styles. Beadwork is used to decorate clothing, moccasins, bags, and sashes, each piece holding personal meaning. These flowers often symbolize survival, growth, and resilience. The designs often feature curved stems or S-shapes, tiny bead lines called "mouse tracks," and a "Spirit Bead", a small mistake added on purpose to show that only the Creator can make something perfect.

2. Inuit (Arctic Regions of Canada):

Inuit beadwork features geometric shapes, snowflakes, and animal symbols that reflect nature and Inuit beliefs. The beads are sewn onto caribou skin (mainly the most unpleasant ones), seal fur, and moose hide to decorate parkas, mittens, and boots. This beadwork shows beauty, status, and personal stories. Today, beadwork continues to uphold and present Inuit culture, teach younger generations, and connect the artist with an expression of pride.

3. Haudenosaunee (Iroquois) Eastern Woodlands: Inuit culture, teach younger generations, and connect the artist with an expression of pride.

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Haudenosaunee beadwork is famous for its dimensional 3D designs. Common motifs include wampum patterns, floral designs, and clan animals. Beadwork is closely tied to storytelling, treaties, and ceremonial garments.

4. Lakota (Sioux) (North and South Dakota, Montana (USA), Southern Saskatchewan and Manitoba, Canada):

The Lakota are recognized for their bold geometric beadwork, using shapes. These shapes include: triangles, diamonds, and crosses. The Lakota's beadwork also incorporates traditional colors like: red, white, blue, and yellow, all carrying deep spiritual meaning. Beadwork is often done on buckskin and used in regalia, moccasins, pipe bags, and cradleboards. Passed down through families or mentors, it plays an important role in cultural events like the Sun Dance and powwows.

5. Ojibwe (Great Lakes Region):

Ojibwe beadwork is floral in design and known for being a very intricate style using loom and appliqué techniques.

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"We say the beads have a spirit to them. We say each bead is alive."

— Randi Candline, Woodland Cree instructor

6. Woodland Cree (Saskatchewan, Manitoba, Alberta):

Woodland Cree beadwork features symmetrical floral designs that reflect nature's balance. It is made with moose hide, sinew thread, and glass seed beads and is a spiritual tradition passed down through generations.

Revitalization: Beadwork as Resistance and Healing

Indigenous beadwork is currently having a significant revival. Artists are reclaiming and expressing their own traditional knowledge, asserting their identity, asserting their resistance, and healing from trauma. Beadworkers are now able to utilize social media, art exhibitions, and education programs to share their personal stories and teach others. The beadwork of today often includes aspects of present-day context but is influenced by their traditional practices, and is becoming more widely recognized. With the resurgence of Indigenous art, contemporary beadwork may include political messages, portraits, disturbing accounts of missing and murdered Indigenous women, and highlighted environmental concerns.

"Beadwork is resistance. It's reclamation. It's our way of telling the world: We are still here."

— Christi Belcourt, Métis artist (CBC Indigenous Interview)

Contemporary Beading Artists
Carrying the Legacy

Christi Belcourt (Marie)

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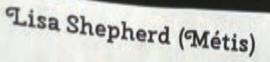
Contemporary Beading Artists Carrying the Legacy

Christi Belcourt (Métis)

- Christi Belcourt is a visual artist, environmentalist, and social justice advocate. She paints intricate floral designs and patterns inspired by Metis beadwork, and is an avid land-based arts and language learner.
- Her work celebrates: the land, her ancestors, and Indigenous knowledge.
- · As the lead artist behind Walking With Our Sisters, a commemorative installation of over 1,800 moccasin tops (vamps), Christi Belcourt honors Missing and Murdered Indigenous Women and Girls (MMIWG).

Lisa Shepherd (Métis)

- Lisa Shepherd is a BC based Métis artist who uses traditional Métis practices and materials to create contemporary artwork and garments. She specializes in traditional Métis floral beadwork with a modern twist.
- Uses her work to speak about language loss, culture, and
- Creates regalia and teaches workshops to youth, helping



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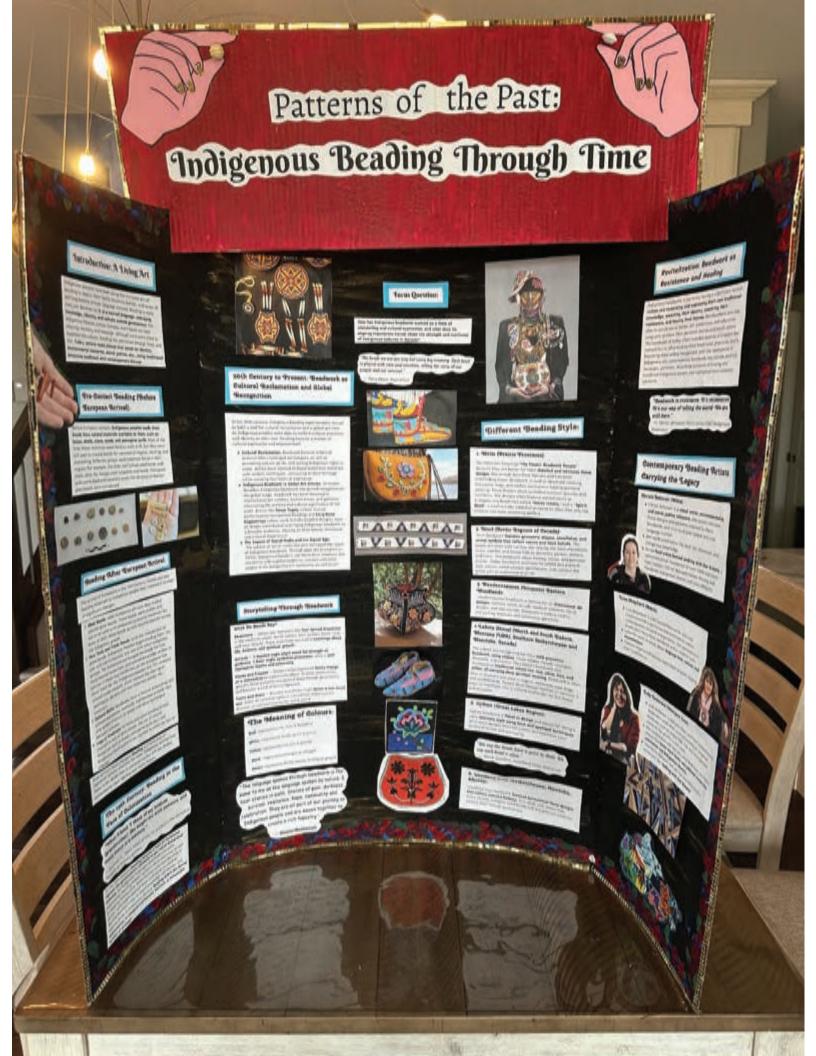
 Uses her work to speak about language loss, culture, and reconnection.

 Creates regalia and teaches workshops to youth, helping pass traditions on.

Judy Anderson (Nêhiyaw Cree)

- Judy Anderson is Nêhiyaw Cree, and from Saskatchewan!
 Anderson's work often involves beading on untypical
 materials, such as moose hide. She also incorporates

 elements like graffiti in her work.
- She collaborates with her son, Cruz Anderson, to create pieces that honor their family and address issues like colonialism and Indigenous identity.
- Like Christi Belcourt, Her art has been featured in exhibitions like "Walking With Our Sisters"



Patterns of the Past: Indigenous Beading Through Time

Introduction: A Living Act

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